

**Howard University**  
**Department of Health, Human Performance and Leisure Studies**  
**K-12 TEACHER EDUCATION CERTIFICATION CURRICULUM**

Major=39credits      Minor=15+9=24

**FRESHMAN YEAR**

<u>First Semester</u>	<u>Second Semester</u>
FRSM 001 Freshman Seminar 1	English 003 3
English 002 3	Division "A" 3
Foreign Language 4	Foreign Language 4
Division "A" 3	Division "B" (Hist 005 or 006) 3
Division "B"(Afro-Am005 or 006) 3	Division "D" (Math 007,009,010) 4
Division "D" (Math 006) 3	COAS HHPL 005 or 021 1
COAS Health 1	
<b>18 hrs.</b>	<b>18 hrs.</b>

**SOPHOMORE YEAR**

Division "A" 3	Division "A" 3
Division "C" 3	Division "C" 3
Foreign Language 3	Foreign Language 3
HHPL 102 Anatomy 3	COAS 002 or 003 - Swimming 1
HHPL 108 Anatomy Lab 1	HHPL 103 Physiology 3
HHPL 706 Hist & Phil of PE-Wrt 3	COAS 053 Fitness or 009 Slimnastics 1
HHPL 050 MethTeach Team Spts 1	HHPL 112 First Aid & CPR 3
<b>17 hrs.</b>	<b>17 hrs.</b>

**JUNIOR YEAR**

Philosophy 3	HHPL 104 – Kinesiology 3
HHPL 109 Meth & Dir Teaching 3	HHPL 113 – Adaptive Physical Ed. 3
HHPL 052 Meth. Teach Ind. Sports 1	<u>HHPL 152 – Meth of Hlth Education 3</u>
HHPL 220 Organ & Adm HHPLS 3	SEED 029 – Ed Psychology 3
SEED 001 – Intro to Teaching 3	SEED 110 – Ed Tech & Computer 3
SPEECH 3	HHPL 130 Exercise Physiology 2 3
<b>16 hrs</b>	<b>18 hrs</b>

**SENIOR YEAR**

SEED 160 – Improvement Reading 3	SEED 135 - STUDENT TEACHING 9
SEED 039 – Social Found 3	
<u>HHPL 111 – Motor Learning 3</u>	
HHPL 723 – Intro Research & Stat 3	
<b>12 hrs</b>	<b>Total 127</b>

\* Required Supporting Course

~ Courses **STRONGLY RECOMMENDED** to meet National NCATE Standards (39 states including Washington, DC

~030 – Athletic Coaching/Sport Officiating 3 credits

~118 – Athletic Training 3 credits

~140 – Human Growth/Development 3 credits

~007 – Volleyball (Spring) & 010 – Soccer (Fall) 1 credit each (Team Skills course)

~135 – Sports Psychology or 717 – Role of Sport in Society-WRTG

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**HHPL REQUIREMENTS**

<b>HHPL 050</b>	<b>Method of Teaching Team Sports</b>	<b>1 credit</b>
<b>HHPL 052</b>	<b>Method of Teaching Individual Sports</b>	<b>1 credit</b>
<b>HHPL 102</b>	<b>Human Anatomy Lecture</b>	<b>3 credits</b>
<b>HHPL 103</b>	<b>Physiology</b>	<b>3 credits</b>
<b>HHPL 104</b>	<b>Kinesiology</b>	<b>3 credits</b>
<b>HHPL 130</b>	<b>Exercise Physiology 2</b>	<b>3 credits</b>
<b>HHPL 108</b>	<b>Human Anatomy Lab</b>	<b>1 credit</b>
<b>HHPL 109</b>	<b>Method &amp; Directive Teaching</b>	<b>3 credits</b>
<b>HHPL 111</b>	<b>Motor Learning</b>	<b>3 credits</b>
<b>HHPL 112</b>	<b>First Aid &amp; CPR</b>	<b>3 credits</b>
<b>HHPL 113</b>	<b>Adaptive Physical Education</b>	<b>3 credits</b>
<b>HHPL 152</b>	<b>Methods &amp; Materials of Health Education</b>	<b>3 credits</b>
<b>HHPL 220</b>	<b>Organization &amp; Administration HHPLS</b>	<b>3 credits</b>
<b>HHPL 706</b>	<b>History &amp; Philosophy of PE-Writing</b>	<b>3 credits</b>
<b>HHPL 723</b>	<b>Introduction Research &amp; Statistics-Writing</b>	<b>3 credits</b>

**TOTAL 39 credits**

*\*Strongly recommended to meet National NCATE Standards (39 states including Washington, DC)*

<b>HHPL 003</b>	<b>Intermediate Swimming or Higher level</b>	<b>1 credit</b>
<b>005</b>	<b>Golf (Individual Skills Course)</b>	<b>1 credit</b>
<b>007</b>	<b>Volleyball (Team Skills Course)</b>	<b>1 credit</b>
<b>009</b>	<b>Slimnastics</b>	<b>1 credit</b>
<b>010</b>	<b>Soccer (Team Skills Course)</b>	<b>1 credit</b>
<b>021</b>	<b>Badminton (Individual Skills Course)</b>	<b>1 credit</b>
<b>030</b>	<b>Athletic Coaching/Sport Officiating</b>	<b>3 credits</b>
<b>053</b>	<b>Fitness</b>	<b>1 credit</b>
<b>107</b>	<b>Exercise Physiology 1</b>	<b>3 credits</b>
<b>118</b>	<b>Athletic Training</b>	<b>3 credits</b>
<b>135</b>	<b>Sports Psychology</b>	<b>3 credits</b>
<b>140</b>	<b>Human Growth &amp; Development</b>	<b>3 credits</b>
<b>717</b>	<b>Role of Sport in Society-Writing</b>	<b>3 credits</b>

**COLLEGE OF ARTS AND SCIENCES REQUIREMENTS**

<b>ENGLISH (002,003)</b>	<b>(3 COURSES)</b>	<b>6</b>
<b>LANGUAGES</b>	<b>(4 COURSES)</b>	<b>14</b>
<b>PHILOSOPHY</b>		<b>3</b>
<b>SPEECH</b>		<b>3</b>
<b>MATH (006,007)</b>		<b>8</b>
<b>DIVISION A</b>	<b>(4 COURSES)</b>	<b>12</b>
<b>DIVISION B AFRO-005</b>	<b>(2 COURSES)</b>	<b>6</b>
<b>DIVISION C</b>	<b>(2 COURSES)</b>	<b>6</b>
<b>HHPL REQUIREMENT</b>	<b>(4 - 1 CREDIT COURSES)</b>	<b>4</b>
<b>FRESHMAN ORIENTATION</b>		<b>1</b>
	<b>TOTAL</b>	<b>63</b>