

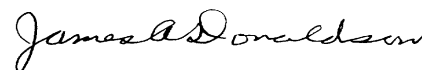
The Update

College of Arts and Sciences

INVITATION FROM THE DEAN

During Freshman Orientation week, you are invited to the new student symposium comprised of workshops tailored to facilitate your transition to Howard University. Schedules for the workshops will be in your HU bag and will also be available upon your arrival in the lobby of Locke Hall.

This is a symposium you do not want to miss and it is free. I am looking forward to meeting you in August 2009.



James A. Donaldson, Dean

INSIDE THIS ISSUE: WORKSHOP SCHEDULE

Personal Development	2
Career Development	2
Professional Development	3
Workshops for Academic Success	3
Howard's Flagship	4
Academic Chair/Advisor's Contact Information	4

You may select workshops on Studies skills and time management, and Domestic and International Exchange Programs, Community Development and Non Profit Leadership, and so forth. Some of you will pursue careers in professions such as law, medicine, pharmacy, dentistry, the military and teaching. Pre-professional workshops will outline steps you should take from your freshman year to entry into professional schools.

For parents choosing to stay through Monday, the College has a workshop designed for you. Brief descriptions of the workshops are on the inside pages of this newsletter.

EVENTS AT-A-GLANCE

Freshmen On Line Registration	July 13-17
Freshman Move -In	Aug 15
Pinning Ceremony	Aug 15
Freshman and Transfer Orientation	Aug 17-22
<i>Parent Orientation</i>	<i>Aug 16</i>
<i>Academic Advising</i>	<i>Aug 17</i>
<i>Reception sponsored by ASSC</i>	<i>Aug 16</i>
<i>New Student Symposium</i>	<i>Aug 17-21</i>
Classes Begin	Aug 24

Bold italics denote College of Arts and Sciences' Activities

CHECKLIST

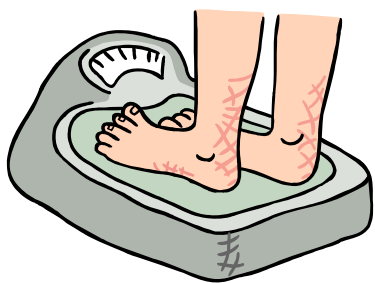
- *On-Line Mathematics Placement Examination*
- *Medical and Immunization Records*
- *Transcripts*
- *Marching Band Camp, August 9-15, 2009 (POC- Mr. Newsom 202 806-5241)*
- *Portfolio for Art majors*

MUSIC MAJORS

All students majoring in music must complete their placement examinations on Monday, August 17, 2009 in Childers Hall. Professor Royal, former chair of the Music Department provides the following schedule:

2 p.m.	Theory Placement Examination	Dr. Randolph	Room 3001
3 p.m.	Piano Placement Examination	Dr. Timbrell	Room 3025





PERSONAL WORKSHOPS

Beating the "Freshman 15"

According to a Cornell study, freshmen gain up to 9 pounds in their first three months on campus. In this workshop, participants will learn the basics of life style changes that promote healthy living.

"During their initial 12 weeks on campus, freshmen gain weight at a rate 20 times that of the average adult."

Michael O'Shea, Ph.D.

Parents Only: How to Be Supportive and Let Go

We know it is difficult leaving your son or daughter for the first time in an unfamiliar setting. What is the difference between being supportive and creating a dependent relationship with your son or daughter? How do you draw the line?

DEVELOPMENT

Healthy Relationships

Are you concerned about your relationship with your future roommate? Are you looking for love in the wrong places? Will you establish a rapport with your instructors? Building healthy relationships without compromising your beliefs is addressed in this workshop.

**ON-LINE MATHEMATICS PLACEMENT EXAMINATION
AT THE IP ADDRESS
[HTTP://WWW.MPE.HOWARD.EDU](http://www.mpe.howard.edu)**

CAREER DEVELOPMENT WORKSHOPS



These workshops are for students planning to pursue degrees in professional schools.

Law

Pharmacy

Allied Health Sciences

Pre-Health Professions

Medicine

Dentistry

Podiatry

Optometry

Veterinary Medicine

Public Health

Chiropractic

The Center for Pre-professional Education and faculty from departments throughout the College of Arts and Sciences will discuss curricula, programs and organizations that prepare you for national tests and entry

into the professional schools.

How to Become a Commissioned Officer

There are opportunities for scholarships, room and board and a monthly stipend while you are a student as well as a rewarding career upon graduation and commissioning. You can have a career in the armed services that is comparable to one in the private sector—attorney, medical doctor, dentist, physicist, chemist, mathematician, human resource manager, historian, statistician, etc. Get your questions answered in this workshop. Howard University has an Army and an Air Force ROTC detachment.

Certification in Non-Profit Management and Community Development

Are you the type of person who likes to give back to the com-

munity? Is your ultimate goal to be associated with non-profit organizations that work with youth, the aging, community development, homeless, etc.? There are many opportunities to serve, and for those who are ready for the challenge, we can prepare you. Learn about the College's interdisciplinary minors in community development and certification in non-profit management.

Preparing for a Career in Teaching

Are you interested in the University's four and five-year certificate programs in education. In the five-year program, you can earn a bachelor's degree in the College of Arts and Sciences, Master's degree in the School of Education and a teaching certificate. Find out about the Rand scholarship for students pursuing a career in teaching. Visit the School of Education in Academic Support Building A.



SPECIAL NOTE

BS/MD, pre-med, pre-dent, pre-health professional, and pre-law students are advised through the **Center for Preprofessional Education**, Room 518, Howard University Center, 202-238-2363, preprofesional@howard.edu.

PROFESSIONAL DEVELOPMENT

Domestic and International Exchange Programs

Students in the College of Arts and Sciences also participate in international and domestic exchange. This workshop provides information on the application process, academic requirements as well as the types of experiences one may expect in these programs.

Howard University Science and Mathematics Program

This workshop, designed for Biology, Chemistry, Physics and Mathematics majors, provides information on the resources available for academic success through tutoring, research opportunities, internships and so forth. Students will tour the Beltsville Science

Facility to meet researchers in the area of climatology and atmospheric science.

The "How to" in Applying for Scholarships and "Where are the Scholarships"

Jessica Johnson, CEO of Minority Scholarship Quest and HU alumnae, raised over \$200,000 worth of scholarships while attending Howard University. How did she do it? She is willing to share those tips with you. Make sure you bring pen and paper because she is a wealth of information. Once you hear the tips, where should you apply? Paulette Johnson, Regional Development Director of the United Negro College Fund, Inc. will guide you to the opportunities. September 2009

Prestigious Scholarships and Research

Three 2009 graduates are recipients of Fulbright Scholarships: Florence Maher, a double major in political science and economics; Justin P. Dunnivant, a double major in history and anthropology; and Kelly McCray, a double major in English and Greek. Hamilton Cunningham, a major in economics, is a recipient of a coveted Truman Scholarship for 2009. The College has also produced two Rhodes scholars from History and Classics. How do students prepare for these highly competitive scholarships. Find out at the research/fellowship fair on September 22, 2009 in the Blackburn Center Ballroom.



Howard University has the unique advantage of being in the heart of the U.S.

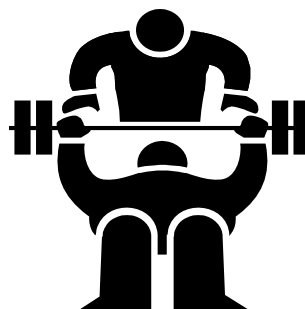
WORKSHOPS FOR ACADEMIC SUCCESS

Study Skills/ Time Management

Classes, studying, socializing, student activities, community service, etc. Does this overwhelm you? Effective time management and study skills are key to academic success when trying to experience all that Howard has to offer. Tips on note-taking, listening and test taking techniques are highlights of this workshop.

Advising: Your Role to Academic Success

Academic advising in the College of Arts and Sciences is a serious undertaking involving the faculty and the Educational Advisory Center. Your advisors should assist you in matching an academic program with your life objectives and personal interests. To achieve these goals, you must establish a rapport with both you academic and College advisor and make appropriate decisions.



Time management and good study habits will free you to enjoy other activities.

“Effective time management and study skills are key to academic success when trying to experience all that Howard has to offer.”

*****IMPORTANT*****

**IMMUNIZATION
REMINDER**

**Have you sent your
records to the Student
Health Center?**

2441 Sixth Street, NW
Washington, DC 20059

Phone: 202 806-6700
Fax: 202 234-3947
Email: lgjones@howard.edu

[HTTP://WWW.HOWARD.EDU](http://www.howard.edu)

Celebrating our Uniqueness



CHAIRS/ADVISORS OF THE ACADEMIC DEPARTMENTS

HOWARD'S FLAGSHIP

Established in 1868, the College of Arts and Sciences is Howard's oldest and, with an enrollment of approximately three thousand students, its largest academic unit. In addition to having nineteen-degree conferring departments, the College provides instruction in core courses to all undergraduate students in the University.

As Howard's Flagship, the College of Arts and Sciences embraces the institution's mission, providing among other things, a first-class educational experience to all undergraduate students.

African Studies-Dr. Mbye Cham, 202 238-2323, mcham@howard.edu

Afro-American Studies-Dr. Lila Ammons, 202 806-7242, lammons@howard.edu

Art-Dr. Gwendolyn Everett- 202 806-7047, geverett@howard.edu

Biology-Dr. Franklin Ampy, 202 806-6933, fampy@howard.edu

Chemistry-Dr. Folahan Oyorinde 202 806-6900, foyorinde@howard.edu

Classics-Dr. Rudolph Hock, 202 806-6725, rhock@howard.edu

Economics-Dr. William Spriggs, 202 806-6717, wespriggs@howard.edu

English-Dr. Eleanor Traylor 202 806-6730, etraylor@howard.edu

History-Selwyn Carrington, 202 806-9322, scarrington@howard.edu

Health, Human Performance and Leisure Studies-Dr. Doris Corbett, 202 806-7142

Military Science (Air Force), Lt. Col. Cunningham, 202 806-6791

Military Science (Army)-Lt Col Landy Dunham, 202 806-6784

Mathematics-Dr. Jill McGowan, 202 806-6837, jmcgowan@howard.edu

Modern Languages & Literature- Dr. James Davis, 202 806-6758

Music-Dr. Gurericke Royal, 202 806-7087, groyal@howard.edu

Philosophy- Dr. Patrick Goodin, 202 806-6811, pgooden@howard.edu

Physics & Astronomy-Dr. Gregory Jenkins, 202 806-6245, gjenkins@howard.edu

Political Science-Dr. Daryl Harris, 202 806-6720, dbharris@howard.edu

Psychology-Dr. Alfonso Campbell, 202 806-6805

Sociology & Anthropology-Dr. Ivan Livingston, 202 806-6853, ilivingston@howard.edu

Theatre-Professor Joe Selmon, 202 806-7050, jselmon@howard.edu

SPECIAL NOTE

**Undeclared and Pre pharmacy majors are advised through the Educational Advisory Center
Locke Hall, Room 110, Phone number 202 806-6985**